



RESOURCE GUIDE
FOR
HOUSELESS PEOPLE
IN BERKELEY

BERKELEY COPWATCH
RESOURCE GUIDE
FOR
HOUSELESS PEOPLE
IN BERKELEY

1st EDITION
WINTER/SPRING
2021

1st EDITION
WINTER/SPRING
2021

BERKELEY COPWATCH'S
RESOURCE GUIDE
FOR HOUSELESS PEOPLE
IN BERKELEY

1st EDITION
WINTER/SPRING
2021





















THIS RESOURCE IS
A CONTINUOUS
WORK IN PROGRESS

TO ADD,
CORRECT, OR
CLARIFY INFORMATION
FOR FUTURE EDITIONS,
PLEASE CONTACT:

BERKELEY COPWATCH
berkeleycopwatch@yahoo.com
(510) 548-0452

NOTES

TABLE OF CONTENTS

1		<i>Benefits</i>
2		<i>Covid Resources</i>
3		<i>Domestic Violence</i>
4		<i>Harm Reduction</i>
5		<i>Identification Documents</i>
5		<i>Legal Assistance</i>
6		<i>In-Home Support Services</i>
7		<i>Mail Services</i>
8-11		<i>Meals</i>
12-13		<i>Medical / Dental</i>
14-15		<i>Mental Health</i>
16		<i>Other Resources</i>
16		<i>Phones</i>
17		<i>Pets/Animals</i>
17		<i>Police Misconduct</i>
18-19		<i>Shelter/Housing</i>
20		<i>Showers</i>
21		<i>Transportation</i>

To the Unhoused Residents of Berkeley,

This guide is a list of resources that we hope will be helpful to you.

We are painfully aware of the limitations of these services.

We tried to verify these services and only include those that are operating during COVID-19.

We believe that a kind and just society would take care of all people, and we believe with all our hearts that you truly deserve so much more than this list can provide.

We welcome your feedback in making this guide better.

This is the first edition of this guide, and we intend to release updated editions as we receive feedback.

Let us know which services are no longer functional, and what services we missed! Our contact info is below if you have feedback or would like to provide updates to resources in this guide.

You deserve the right to be treated with dignity, love, respect, and care.

Love,

Berkeley Copwatch

berkeleycopwatch@yahoo.com

(510) 548-0452

TRANSPORTATION



East Bay Paratransit

If you cannot use AC Transit or BART due to a disability or disabling health condition, you can apply for ***East Bay Paratransit*** services:

(510) 287-5000

When you apply for paratransit services, you will need to use an address as a “home base” where you can be picked up from.

You may use the address of a shelter or of the office of a social worker who helps you apply.

Regional Transit Connection (RTC) Discount ID Card

If you are living with a qualifying disability, you can obtain this card that allows you to receive *discount fares on fixed-route, rail and ferry systems* throughout the *San Francisco Bay Area*.

You can apply at:

AC Transit office

1600 Franklin Street, Oakland

(510) 891-4706

Youth age 5 - 18 and seniors age 65+, with eligible photo ID, can purchase discount clipper card fare at any place that sells clipper cards.



SHOWERS



Dorothy Day House/Berkeley Community Resource Center

Sign-up in courtyard side between 8:15-9a every morning for next day service of 16 showers (including 3 laundry) at 9-11a and 1-3p.

1391 Center Street, Berkeley, CA
Robbi Monoyoya:
(510) 705-1325 & (510) 228-7587

West Campus Shower Program

2100 Browning Street, Berkeley, CA
M - F, 8 - 11a | Sa - Su, 3 - 6p

Willard Pool Shower Program

2701 Telegraph Avenue, Berkeley, CA
M - F, 5:30 - 8:30p | Sa - Su, 9a - noon



BENEFITS

CalFresh (Food Stamps)

Medi-Cal

General Assistance (GA)

GA is a cash assistance program for very low-income adults, providing \$336/month.

GA is considered a loan, but it is *rare* that they will make you pay it back. If you are approved for SSI benefits, they will only take the money out of your back-pay (not your monthly checks) to pay back the loan.

Go to:

Alameda County Social Services
(510) 891-0700
2000 San Pablo Avenue, Oakland, CA

SSI (Supplemental Security Income/Social Security)

If you are 65+ years old and have less than \$2,000 in resources, go directly to:

Berkeley Social Security Office

(877) 531-4696

2045 Allston Way, Berkeley, CA

*Drop-in visits are closed right now because of COVID-19. *Call the phone line.*

If you are not yet 65 years old, but are living with a physical, mental health, or cognitive disability, go to:

Homeless Action Center

(510) 540-0878

3126 Shattuck Avenue, Berkeley, CA

Drop-in hours: M - Th, 1 - 5p

**This process will be faster if you have already been approved for General Assistance (GA)*

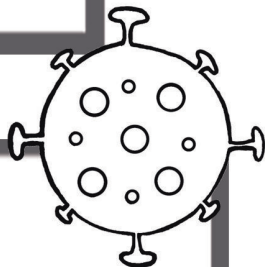
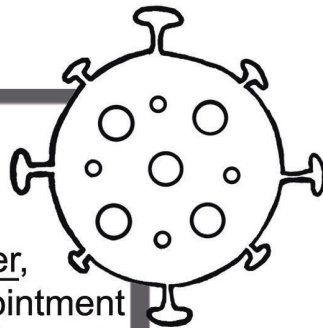
COVID RESOURCES

COVID-19 Testing

If you have a healthcare provider,
call them first for a referral for testing.

If you do not have a healthcare provider,
call 888-634-1123 to schedule an appointment
for testing at the **State of California (Optum)**
test site at **MLK, Jr. Youth Services Center:**
1730 Oregon Street, Berkeley

*Wear a face covering when you arrive for
your appointment

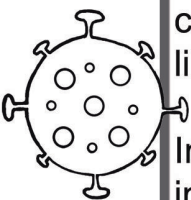


COVID-19 Mutual Aid

Berkeley Mutual Aid Network
(510) 519-6770 (voicemail only)
Matches people who are more
at risk of developing serious complications
from COVID-19 with a volunteer who can
coordinate the delivery of essential supplies
like food, toiletries, and prescriptions.

Individuals who are considered higher risk
include those who are 65 years of age and
older, people who are immunocompromised,
and/or people who are experiencing
homelessness or economic hardship.

To apply, fill out this online form:
www.berkeleymutualaid.org/need-assistance



SHELTER / HOUSING

To get assessed for permanent housing, *call 2-1-1* on
Mon - Fri between 9a - noon.

This assessment puts you in the “*Coordinated Entry System*”
so you will be placed in housing.

Priority goes to those who are:

- living on the streets the longest
- living with severe medical conditions
- disabled
- seniors.

The more medical documentation you have of your conditions,
the more likely you are to be prioritized by this system.

If you are considered “*high needs*”, you will be prioritized for
housing navigation services.

These services will include housing case management.

Tip: *If you are assigned a housing case manager,*
check in with them often to make sure they are making
progress on your case.

If you do not have a phone,
but want to be assessed for permanent housing,
you can visit the following offices:

Coordinated Entry Services

2809 Telegraph Avenue, Berkeley

HRC Drop-In Hours:

Mondays, Wednesdays, and Fridays from 9a - noon

Berkeley Drop-In Center

3234 Adeline Street, Berkeley

HRC Drop-In Hours:

Tuesdays after the 10a housing workshop

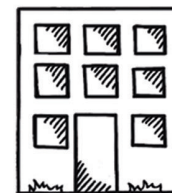
A peer advocate can help you call 2-1-1 on
Mondays & Thursdays from 10a - 3p

Women's Daytime Drop-In Center (for Women only)

2218 Acton Street, Berkeley

HRC Drop-In Hours: Wednesdays at 11a

They will lend you a phone to call 2-1-1 on
Mondays - Fridays from 8a - 4p





SHELTER / HOUSING



To obtain an emergency shelter bed, contact the hotline at: (510) 290-5705 starting at 7p, Monday - Friday.

Unfilled shelter beds are filled on a *first come, first served* basis.

Emergency beds filled Mon - Thu are for **ONE NIGHT ONLY**.
Emergency beds filled Fri will be through Sun night.

To obtain a regular shelter bed, **call 2-1-1** on Mon - Fri between 9a - noon.

Youth age **18 - 24** can obtain a regular shelter bed by walk-in to **YEAH! Shelter at the Lutheran Church of the Cross**
1744 University Avenue, Berkeley, CA



DOMESTIC VIOLENCE

Women's Daytime Drop-In Center
(510) 548 - 2884
2218 Acton St, Berkeley, CA
Drop-In: M - F, 8a - 4p
www.womensdropin.org



A Safe Place (Oakland)

24-hour Crisis hotline: (510) 536-7233

Main Line: (510) 986-8600

- Services provided for people of all genders
- 2 month program for domestic violence victims
- To access emergency shelter beds for women, one must present a photo ID and TB test with negative results
- Agency will accept children if under the age of 18
- Also provides counseling, emergency transportation, food, and clothing

Building Futures: Sister Me Home Safe House (San Leandro)

24-hour Crisis Hotline:

(866) A-WAY-OUT | (866) 292-9688

Main Line: (510) 357- 0205

- A 20-bed safe house for women and their children. Offers individual and group *counseling* and *case management* to residents
- Also refers victims to other *shelters* and domestic violence *services*

HARM REDUCTION



Berkeley Needle Exchange Services:
needle exchange and harm reduction
supplies, needle drop-off, narcan distribution
Sundays, 6 - 8p:

@ 2328 Durant Avenue

@ Dana (across from the Berkeley Free Clinic)

Tuesdays, 4 - 6p:

@ Long Haul Infoshop, 3124 Shattuck Avenue

@ Woolsey

Thursdays, 6 - 8p:

@ near 1835 San Pablo Avenue

For **Sexually Transmitted Infection Screenings
and Treatment**, as well as **Hepatitis, HIV,**
and **TB Counseling and Screenings**,
call the **Berkeley Free Clinic's** navigation line:
(510) 548-2570

Phone hours:

Mon - Fri: 6 - 8:30p

Sat: 11a - 3:30p

Sun: 4:30 - 7p

PETS / ANIMALS



Berkeley Humane: Pet Food Pantry
Gives dog or cat food to last 2 weeks
F & Su 10a-noon, no appointment needed
2700 Ninth Street, Berkeley

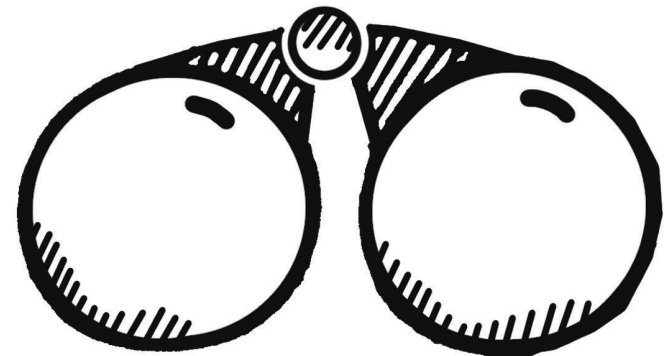
POLICE ABUSE & MISCONDUCT

Berkeley Copwatch

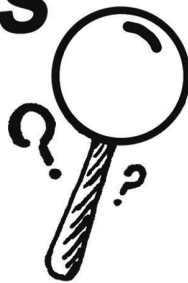
If you have experienced negative interactions
with the police and need support,
email or call anytime and leave a message

Phone: (510) 548-0425

Email: berkeleycopwatch@yahoo.com



OTHER RESOURCES



Free Laundry!

Solano Cleaners (in Albany)
@Talbot/ Solano Ave.
4-8pm Thursday: Last load by 6pm
Free dinner while supplies last

Berkeley Website of Resources:

www.cityofberkeley.info/homeless-entry/services/

Berkeley Public Library -

Berkeley Information Network:

bancroft.berkeley-public.org/databases/bplbin/



PHONES

You can get an "Obama phone" through the **LifeLine Program**

However, *you will need:*

- (1) *Proof that you are on a low-income benefit like CalFresh (Food Stamps)*
- (2) *A unique mailing address. They only allow one phone per address.*

Shelters are an exception:

some shelters may be OK, but mail centers and P.O. boxes are not.

For general questions, call (866) 272-0349

To apply, call (877) 858-7463

Phone hours are weekdays from 7a - 7p

IDENTIFICATION DOCUMENTS



Homeless Action Center

The Homeless Action Center (HAC) can help you obtain identification documents like:

- State ID, birth certificate, etc.
- If you are homeless, HAC can help you get a fee waiver for the DMV.

(510) 540-0878

3126 Shattuck Avenue, Berkeley, CA

Drop-in hours: M - Th, 1 - 5p

LEGAL ASSISTANCE



East Bay Community Law Center

(510) 548-4040

*Drop-in visits are closed due to COVID-19.

Call the phone line.

IN-HOME SUPPORTIVE SERVICES (IHSS)



IN-HOME SUPPORTIVE SERVICES (IHSS)

IHSS will pay for a worker who can help you with day-to-day activities like cleaning, meal preparation, laundry, grocery shopping, personal care, assistance with medical appointments, etc.

Individuals who are 65+ years old, living with a disability, OR who are blind may be eligible for In-Home Supportive Services if they are housed or staying in a homeless shelter or vehicle. Individuals who are living on the street, or who are staying in a “board and care” or hospital are not eligible.

You can apply by calling
Alameda Social Services:
Adult and Aging Services:
(510) 577-1800

MENTAL HEALTH



The Warmline

The peer-run warm line is a non-emergency 24-hour resource for Californians seeking mental and emotional support.

You can call the phone line or chat online.
(855) 845-7415

To access the online chat, visit:

www.mentalhealthsf.org/peer-run-warmline/

Berkeley Mental Health

For crisis intervention, referrals, and screening for treatment, call: (510) 981-5244

Phone hours:

M - F, 10a - 5p

2640 MLK Jr. Way, Berkeley, CA

Drop-in hours: M - Th, 10a - 1p



MENTAL HEALTH

ACCESS Assessment Line for Mental Health:

(800) 491-9099

**Frame your situation as urgent and should specify whether seeking counseling, medication or both.*

ACCESS is a system-wide point of contact for information, screening, and referrals for mental health services and substance use disorders for Alameda County residents. ACCESS will screen you to see if you are experiencing mild to moderate or moderate to severe symptoms. If symptoms are mild to moderate, clients on Medi-Cal will be referred to call their Medi-Cal Managed Health Care Plan.

If symptoms are moderate to severe a referral will be made to a provider in the **Alameda County Behavioral Health Care Services (BHCS)** network.

For example you may be referred to: **A service team, Abode Wellness, Asian Community Mental Health, Bonita House, Casa Del Sol, FACT team, Multilingual Counseling, Pathways to Wellness, Portia Bell Hume Center.**

*****KNOW THAT IF YOU ARE CURRENTLY EXPERIENCING A CRISIS, YOU WILL BE REFERRED TO SAUSAL CREEK OR JOHN GEORGE.**

MAIL SERVICES

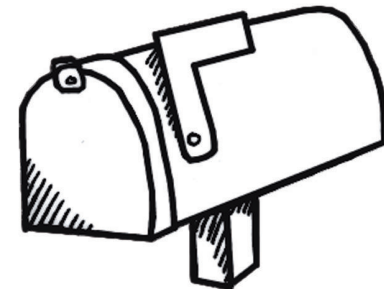
Berkeley Drop-In Center

(510) 653-3808

3234 Adeline, Berkeley, CA

Drop-in hours:

M - Th, 10a - 3p



If you need a unique mailing address, as opposed to a mail center or P.O. Box, you can open a **personal mailbox at the UPS Store.**

A personal mailbox can be helpful for signing up for things like the LifeLine "Obama-phone" Cellphone program, which requires a unique mailing address.

The cost of renting a UPS personal mailbox differs by location and size of box, but typically runs between \$10 - \$30/month for Small boxes, \$20 - \$40/month for Medium boxes, and \$30 - \$50/month for Large boxes.

Ask your local UPS for a quote of how much it would cost.

MEALS



Morning Meal Services

Berkeley Food Network

1925 9th St. off University

M-Th 10AM-2PM

1st and 3rd Saturday 10AM-12PM

Night on the Streets Catholic Worker

People's Park

2556 Haste Street, Berkeley, CA

For more information,

contact the Coordinator JC Orton

(510) 684-1892

Sundays 7:30a

Phillips Temple Church

3332 Adeline Street, Berkeley, CA

2nd and 4th Sundays at 8:30 - 9:30a

Mid-Day Meal Services

McGee Avenue Baptist Church

1640 Stuart Street, @McGee Avenue,

Berkeley, CA

(510) 843-1774

Mondays, Wednesdays, Fridays at noon

St. Paul AME Church

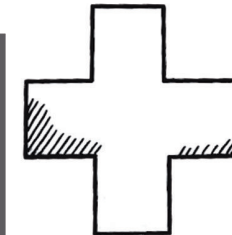
2024 Ashby Avenue

@ Adeline Street, Berkeley, CA

(510) 848-2050

Tuesdays at 11:30a

MEDICAL & DENTAL



LifeLong Dental

If you are on Medi-Cal,

you are eligible for dental care at *LifeLong*.

(510) 653-8500

1860 Alcatraz Avenue, Berkeley, CA

Suitcase Clinic

DOES NOT REQUIRE INSURANCE

During COVID-19, clinics are "grab-and-go"

General Clinic - Suitcase Clinic

2407 Dana, Berkeley, CA

Voicemail line: (510) 269-7242

Tuesday 6:15-7:15p.

Intake is at 6:30p and it is suggested to arrive between 5:30 - 6p to ensure service.

Womxn's Clinic - Suitcase Clinic

2236 Parker Street, Berkeley, CA

Voicemail line: (510) 423-3659

Monday 4-5p

Youth and LGBTQI Clinic - Suitcase Clinic

2300 Bancroft Way, Berkeley, CA

Voicemail line: (510) 423-3303

Monday 6-7p

*Services are reduced when students are on break.

Closures are posted in advance online and in the clinics.

MEDICAL & DENTAL

Berkeley Free Clinic

DOES NOT REQUIRE INSURANCE

2339 Durant Avenue, Berkeley, CA

Main Line: (510) 548-2570

Toll-free Line: 1-800-625-4642

Phone hours:

M-F 6p-8:30p, Sa 11a-3:30p, Su 4:30p-7p

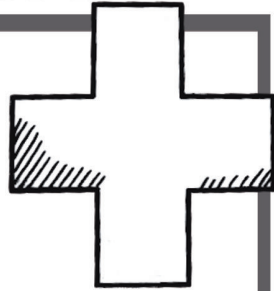
OR leave a message anytime

and they'll get back to you within 24 hours

Call to hear what services are available
and how to access them.

Current Services:

- Referral specialist (in house & local services)
- Flu shots
- Health insurance & Cal-Fresh enrollment assistance
- Peer counseling
- STI screening & treatment
- Hepatitis, HIV & TB counseling & screening



LifeLong Medical

Multiple clinics located in Berkeley

(510) 981-4100

- ***LifeLong Ashby Health Center,***
3075 Adeline Street, #280, Berkeley

- ***LifeLong West Berkeley Health Center***
837 Addison Street, Berkeley

- ***LifeLong Over 60 Health Center,***
3260 Sacramento Street, Berkeley

(510) 981-4100

**Can help you get on Medi-Cal*

MEALS

Mid-Day Meal Services continued

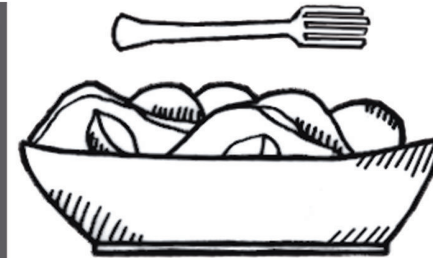
St. Paul AME Church

2024 Ashby Avenue

@ Adeline Street, Berkeley, CA

(510) 848-2050

Tuesdays at 11:30a



Church by the Side of the Road

2108 Russell Street

@ Lorina Street, Berkeley, CA

2nd Sundays at 1p

Phillips Temple Church

3332 Adeline Street,

Berkeley, CA

1st & 3rd Saturday at noon

Late Afternoon Meal Services

Berkeley Food Network

1925 9thSt.

M, W – 5-6:30PM

Food Not Bombs

People's Park

2556 Haste Street, Berkeley, CA

Mon - Fri at 3p

Friend's Church

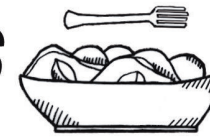
1600 Sacramento St, Berkeley

M, W, F: 2-4PM

MEALS



MEALS



Late Afternoon Meal Services cont...

Berkeley Food & Housing Project

Lutheran Church of the Cross,
733 University Avenue, Berkeley, CA
Mondays, Tuesdays, Thursdays, and Fridays at 3:30p
Spaghetti dinner on Wednesday at 3:30-4:45p

Newman Hall

2700 Dwight Way
@ College Avenue, Berkeley, CA
(510) 848-6242
1st Saturdays at 4p

First Presbyterian Church

2407 Dana Street
@ Haste Street, Berkeley, CA
(510) 848-6242
2nd & last Saturdays at 5p

St. Mark's Episcopal Church

2300 Bancroft Way
@ Ellsworth Street, Berkeley, CA
(510) 848-5107
3rd Saturdays at 5p

St. Mary Magdalen Church

2005 Berryman Street
@ Henry Street, Berkeley, CA
(510) 526-4811
1st & 4th Sundays at 3p



Late Afternoon Meal Services cont...

All Souls Episcopal Parish

2220 Cedar Street
@ Spruce Street, Berkeley
(510) 848-3988
2nd Sundays at 4p

Congregation Beth El

1301 Oxford Street
@ Rose Street, Berkeley, CA
(510) 848-3988
3rd Sundays at 5p

Night on the Streets Catholic Worker

People's Park
2556 Haste Street, Berkeley, CA
5th Sundays at 4p

"To Go" Meals

Berkeley Community Resource Center/ Dorothy Day House

1391 Center Street, Berkeley, CA
(510) 705-1325
Parking lot side, 7 days/week, 8a - 12:30p

Consider the Homeless

Deliver soup, meals, and other
supplies a few times each week
to people who are living outside.
To get on their route,
call (510) 560-4284

Women's Daytime Drop-In Center

2218 Acton Street, Berkeley, CA
For women & children:
Breakfast, 8-9a
Hot Lunch, noon - 1p