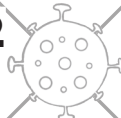




**RESOURCE GUIDE
FOR PEOPLE
EXPERIENCING
HOUSELESSNESS
IN BERKELEY**

**2nd EDITION
SUMMER
2022**



BERKELEY OUTREACH COALITION'S
**RESOURCE GUIDE FOR
PEOPLE EXPERIENCING
HOUSELESSNESS
IN BERKELEY**

2nd EDITION
SUMMER
2022



THIS RESOURCE IS
A CONTINUOUS
WORK IN PROGRESS

TO ADD, CORRECT, OR
CLARIFY INFORMATION
FOR FUTURE EDITIONS
PLEASE CONTACT:

BERKELEY OUTREACH COALITION
STREET CARE TEAM
bocstreetcare@gmail.com

To the Unhoused Residents of Berkeley,

This guide is a list of resources that we hope will be helpful to you. We are painfully aware of the limitations of these services. We tried to verify these services and only include those that are operating during COVID-19. We believe that a kind and just society would take care of all people, and we believe with all our hearts that you truly deserve so much more than this list can provide.




















We welcome your feedback in making this guide better. This is the second edition of this guide, and we intend to release updated editions as resources change and we receive feedback. Let us know which services are no longer functional, and what services we missed! Our contact info is below if you have feedback or would like to provide updates to resources in this guide.

You deserve the right to be treated with dignity, love, respect, and care.

Love,
BOC

bocstreetcare@gmail.com

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ADVOCACY

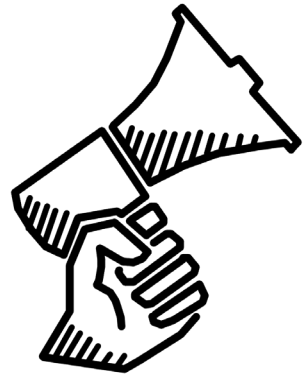
Where Do We Go? Berkeley

Provides advocacy and emergency supplies when available to unhoused people in Berkeley.

(510) 570-8026

1840 Woolsey St. (across from Ashby BART)

Call & leave a message.



BENEFITS

CalFresh (Food Stamps)

Medi-Cal

General Assistance (GA)

GA is a cash assistance program for very low-income adults, providing \$336/month.

GA is considered a loan, but it is rare that they will make you pay it back. If you are approved for SSI benefits, they will only take the money out of your back-pay from whatever cash assistance you receive (not your monthly checks) to pay back the loan. Go to:

Alameda County Social Services

(510) 891-0700

2000 San Pablo Avenue, Oakland, CA



BENEFITS (continued)



SSI (Supplemental Security Income/ Social Security)

If you are 65+ years old and have less than \$2,000 in resources, go directly to:

Berkeley Social Security Office

(877) 531-4696

2045 Allston Way, Berkeley, CA

**Drop-in visits are limited due to COVID-19.*

Call 9a–4p.

If you are not yet 65 years old, but are living with a physical, mental health, or cognitive disability, go to:

Homeless Action Center

(510) 540-0878

3126 Shattuck Avenue, Berkeley, CA

Drop-in curbside hours: M–Th, 1–5p

**This process will be faster if you have already been approved for General Assistance (GA)*



COVID-19 RESOURCES

COVID-19 Testing

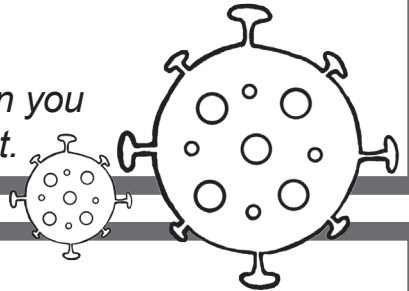
If you have a healthcare provider, call them first for a referral for testing.

If you do not have a healthcare provider, call to schedule an appointment at one of multiple testing sites in Berkeley:

Optum: (888) 634-123

Curative: (888) 702-9042

**Wear a face covering when you arrive for your appointment.*



COVID-19 Mutual Aid

Berkeley Mutual Aid Network

(510) 519-6770 (voicemail only)

Matches people who are more at risk of developing serious complications from COVID-19 with a volunteer who can coordinate the delivery of essential supplies like food, toiletries, and prescriptions.

Individuals who are considered higher risk include those who are 65 years of age and older, people who are immunocompromised, and/or people who are experiencing homelessness or economic hardship.

To apply, fill out this online form:

<https://www.berkeleymutualaid.org/need-assistance>

DOMESTIC VIOLENCE

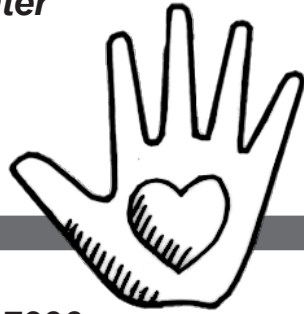
Women's Daytime Drop-In Center

(510) 548-2884

2218 Acton St, Berkeley

Drop-In: M–F, 10a–4p

<http://www.womensdropin.org>



A Safe Place (Oakland)

24-hour Crisis hotline: (510) 536-7233

Main Line: (510) 986-8600

- Services provided for people of all genders
- 90 day program for domestic violence victims
- To access emergency shelter beds for women, one must present a photo ID, and TB test with negative results, and proof of Covid-19 vaccination
- Agency will accept children if under the age of 18
- Also provides counseling, including legal, and emergency transportation, food, and clothing

Building Futures: Sister Me Home Safe House (San Leandro)

24-hour Crisis Hotline:

(866) A-WAY-OUT | (866) 292-9688

Men's Group (for male survivors of domestic violence), call Marcus Banks Bey: (510) 753-8398

Main Line: (510) 357-0205

- A 20-bed safe house for people fleeing domestic violence. Offers individual and group counseling and case management to residents
- Also refers victims to other shelters and domestic violence services

HARM REDUCTION



Berkeley NEED

Services: needle exchange and harm reduction supplies, needle drop-off, narcan distribution

Sundays, 6–8p:

@ 2328 Durant Avenue

@ Dana (across from the Berkeley Free Clinic)

Tuesdays, 4–6p:

@ Long Haul Infoshop, 3124 Shattuck Avenue

@ Woolsey

Thursdays, 6–8p:

Near 1007 University Ave. (University Ave. between 9th & 10th (north side of street))

Sexually Transmitted Infection Screenings and Treatment, as well as Hepatitis, HIV, and TB Counseling and Screenings

Call the **Berkeley Free Clinic's** navigation line:

(510) 548-2570

Phone hours (or leave a voicemail):

Mon–Fri: 6–8:30p

Sat: 11a–3:30p

Sun: 4:30–7p



IDENTIFICATION DOCUMENTS



Homeless Action Center

The Homeless Action Center (HAC) can help you obtain identification documents like:

- State ID, birth certificate, etc.
- If you are homeless, HAC can help you get a fee waiver for the DMV.

(510) 540-0878

Phone & Drop-in hours: M–Th, 1–5p
3126 Shattuck Avenue, Berkeley, CA

LEGAL ASSISTANCE

East Bay Community Law Center

Legal advice and/or brief legal services for common issues like debt resolution, identity theft, student loans, tows and repossession, etc.

(510) 548-4040

Call: M-F 9AM - 5PM.

**Drop-in visits are closed right now because of COVID-19.*

Homeless Action Center

(510) 540-0878

3126 Shattuck Avenue, Berkeley, CA

Drop-in & phone hours: M - Th, 1 - 5p



IN-HOME SUPPORTIVE SERVICES (IHSS)

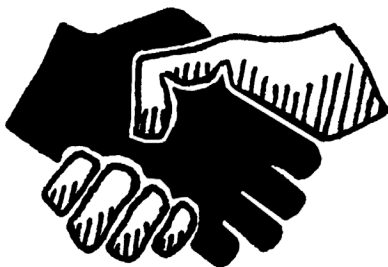


IHSS will pay for a worker who can help you with day-to-day activities like cleaning, meal preparation, laundry, grocery shopping, personal care, assistance with medical appointments, etc.

Individuals who are 65+ years old, living with a disability, OR who are blind *may* be eligible for In-Home Supportive Services if they are housed or staying in a homeless shelter or vehicle.

Individuals who are living on the street, or who are staying in a “board and care” or hospital are not eligible.

You can apply by calling **Alameda Social Services, Adult and Aging Services:**
(510) 577-1800



MAIL SERVICES

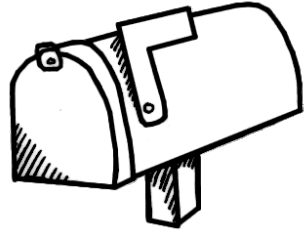
Berkeley Drop-In Center

Will work as an address for Obama Phone. Coffee and snacks provided.

(510) 653-3808

3234 Adeline, Berkeley, CA

Drop-in hours: M - F, 9a - 3p



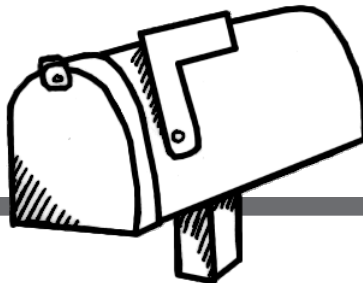
If you need a unique mailing address, as opposed to a mail center or P.O. Box, you can open a **personal mailbox at the UPS Store**.

A personal mailbox can be helpful for signing up for things like the LifeLine “Obama-phone” Cellphone program, which requires a unique mailing address.

The cost of renting a UPS personal mailbox differs by location and size of box, but typically runs between

- \$10–\$30/month for Small boxes,
- \$20–\$40/month for Medium boxes
- \$30–\$50/month for Large boxes

Ask your local UPS for a quote of how much it would cost.



MEALS

Morning Meal Services

Night on the Streets Catholic Worker

People's Park

2556 Haste Street, Berkeley, CA

For more information, contact the

Coordinator JC Orton (510) 684-1892

Sundays 7:30a

Berkeley Community Resource

Center/Dorothy Day House

1931 Center Street, Berkeley, CA

(510) 705-1325

M - Sa at 8:30a

Night on the Streets Catholic Worker

MLK Jr. Civic Center Park

2151 Martin Luther King Jr Way,

Berkeley, CA

(510) 705-1325

Sundays 8:15a



MEALS

Mid-day Meal Services



McGee Avenue Baptist Church

1640 Stuart Street, @McGee Avenue,
Berkeley, CA

(510) 843-1774

M, W, F: noon-1p

Phillips Temple Church

3332 Adeline Street, Berkeley, CA

(510) 655-6527

M, W, F: noon-1p

Berkeley Community Resource Center/Dorothy Day House

1391 Center Street, Berkeley, CA

(510) 705-1325

M - Su at 12:30p

First Presbyterian Church

2407 Dana Street @ Haste Street,
Berkeley, CA

(510) 848-6242

1st & 3rd Saturdays: 9:30a-noon

MEALS

Late Afternoon Meal Services



First Presbyterian Church

2407 Dana Street @ Haste Street,
Berkeley, CA

(510) 848-6242

2nd & last Saturdays at 2p-5p

Newman Hall

2700 Dwight Way @ College Avenue,
Berkeley, CA

(510) 848-6242

Hot take-away meals

1st Saturdays at 2p-4:30p

Food Not Bombs

People's Park

2556 Haste Street, Berkeley, CA

Mon - Fri: 3p

Congregation Beth El

1301 Oxford Street @ Rose Street,
Berkeley, CA

(510) 848-3988

3rd Sundays at 2p-5p & 5p-6:30p

MEALS

Late Afternoon Meal Services (continued)

Berkeley Food & Housing Project

Dwight Way Center

2140 Dwight Way, Berkeley, CA 94704

(510) 649-4965

M - F: 3p-4p

St. Mark's Episcopal Church

2300 Bancroft Way @ Ellsworth
Street, Berkeley, CA

(510) 848-5107

3rd Saturdays at 4:30p-6:30p

Night on the Streets Catholic Worker

People's Park

2556 Haste Street, Berkeley, CA

For more information, contact the

Coordinator JC Orton (510) 684-1892

5th Sundays at 4p

McGee Avenue Baptist Church

1640 Stuart Street, @McGee Avenue,
Berkeley, CA

(510) 843-1774

Tu & Th: 5p-6p



MEALS

Late Afternoon Meal Services (continued)

Berkeley Food Network

1925 9th St., Berkeley, CA

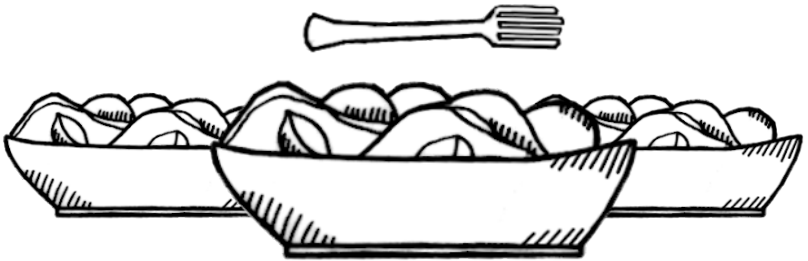
M & W: 5-6:30p

Phillips Temple Church

3332 Adeline Street, Berkeley, CA

(510) 655-6527

Tues & Thurs 5p-6p



MEALS

"To-Go" Meals

Consider the Homeless

Delivers a bowl of soup 1 - 2x each week to people who are living outside.
To get on their route, call
(510) 560-4284

Women's Daytime Drop-In Center

2218 Acton Street, Berkeley, CA
(510) 548-2884

For women & children:

Breakfast, M-F 8-9a

Hot Lunch, M-F noon - 1p

St. Mary Magdalen Church

2005 Berryman Street @ Henry
Street, Berkeley, CA
(510) 526-4811

1st & 4th Sundays at 2:30-3:30p

All Souls Episcopal Parish

2220 Cedar Street @ Spruce Street,
Berkeley, CA
(510) 848-3988

2nd Sundays at 2p



MEALS

Shelf Stable Food



Berkeley Food Network

1925 9th St. off University

M-Th 10a-2p

1st and 3rd Saturday 10a-noon

Consider the Homeless

Delivers shelf stable food to people who are living outside.

M & F: 11a-3p

To get on their route, leave a message for (510) 560-4284

Friend's Church

1600 Sacramento St, Berkeley

(510) 525-2280

M, W, F: 2-4p



MEDICAL & DENTAL



Berkeley Free Clinic

DOES NOT REQUIRE INSURANCE

2339 Durant Avenue, Berkeley, CA

Main Line: (510) 548-2570

Toll-free Line: 1-800-625-4642

**Do not call for emergencies*

Phone hours:

M-F 6p-8:30p, Sa 11a-3:30p, Su 4:30p-7p

OR leave a message, they respond within 24hrs.

Mainly remote services during COVID-19. Call to hear available services.

LifeLong Medical

Multiple clinics located in Berkeley:

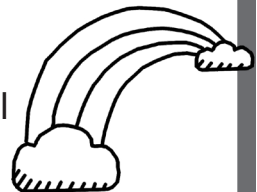
- LifeLong Ashby Health Center, 3075 Adeline Street, #280, Berkeley
- LifeLong West Berkeley Health Center, 837 Addison Street, Berkeley
- LifeLong Over 60 Health Center, 3260 Sacramento Street, Berkeley

Call: (510) 981-4100

LifeLong can help you get on Medi-Cal.

Alternative medicine: acupuncture (appointment only)*

LGBTQ+: gender affirming health care services, hormone therapy, and surgical options for qualifying individuals*



MEDICAL & DENTAL

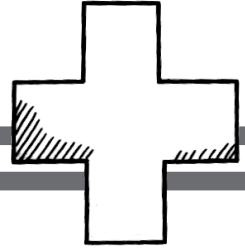
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LifeLong Dental

If you are on Medi-Cal, you are eligible for dental care at LifeLong.

(510) 653-8500

1860 Alcatraz Avenue, Berkeley, CA



Suitcase Clinic

DOES NOT REQUIRE INSURANCE

During COVID-19, clinics are “grab-and-go” supplies.

General Clinic - Suitcase Clinic

2407 Dana, Berkeley, CA

Voicemail line: (510) 269-7242

Tuesday 6:15–7:15p. Intake is at 6:30p and it is suggested to arrive between 5:30–6p to ensure service.

Womxn’s Clinic - Suitcase Clinic

2236 Parker Street, Berkeley, CA

Voicemail line: (510) 423-3659

Monday 6-8p

Youth and LGBTQI Clinic - Suitcase Clinic

2300 Bancroft Way, Berkeley, CA

Voicemail line: (510) 423-3303

Monday 6-8p

**Clinicians are not always available due to COVID-19 Pandemic. Call ahead or check online for closures: <https://www.suitcaseclinic.org/>*

MENTAL HEALTH



ACCESS Assessment Line for Mental Health:

(800) 491-9099

*Frame your situation as urgent and specify whether seeking counseling or medication or both.



ACCESS is a system-wide point of contact for information, screening, and referrals for mental health services and substance use disorders for Alameda County residents. **ACCESS** will screen you to see if you are experiencing 1) mild to moderate or 2) moderate to severe symptoms. If symptoms are mild to moderate, clients on Medi-Cal will be referred to call their Medi-Cal Managed Health Care Plan.



If symptoms are moderate to severe a referral will be made to a provider in the **Alameda County Behavioral Health Care Services (BHCS)** network. For example you may be referred to: **A service team, Abode Wellness, Asian Community Mental Health, Bonita House, Casa Del Sol, FACT team, Multilingual Counseling, Pathways to Wellness, Portia Bell Hume Center.**



KNOW THAT IF YOU ARE CURRENTLY EXPERIENCING A CRISIS, YOU WILL BE REFERRED TO SAUSAL CREEK CLINIC OR JOHN GEORGE HOSPITAL.

MENTAL HEALTH

(continued)



Crisis Support Services of Alameda County

24 Hour Crisis Line.

English, language interpreters as needed.

1-800-309-2131

The Warmline

The peer-run warm line is a non-emergency 24-hour resource for Californians seeking mental and emotional support. You can call the phone line or chat online.

(855) 845-7415

To access the online chat, visit:

<https://www.mentalhealthsf.org/peer-run-warmline/>

Berkeley Mental Health

For crisis intervention, referrals, and screening for treatment, call: (510) 981-5244

Phone hours: M - F, 10a - 5p

2640 MLK Jr. Way, Berkeley, CA

Drop-in hours: M - Th, 10a - 1p

Peer Counseling Collective/Berkeley Free Clinic

Free, 30 minute phone counseling

(510) 270-0052

Weekdays 6:30-8:30p



OTHER RESOURCES



Berkeley Website of Resources:

<https://cityofberkeley.info/homeless-entry/services/>

Berkeley Public Library

Berkeley Information Network:

<https://bancroft.berkeley-public.org/databases/bplbin/>

PHONES



You can get an “Obama phone” through the **LifeLine Program**

However, you will need:

- (1) *Proof* that you are on a *low-income benefit* like CalFresh (Food Stamps)
- (2) A *unique mailing address*. They only allow one phone per address.

Shelters are an exception:

some shelters may be OK, but mail centers and P.O. boxes are not.

For general questions, call (866) 272-0349

To apply, call (877) 858-7463

Phone hours are weekdays from 7a - 7p

PETS & ANIMALS



Berkeley Humane: Pet Food Pantry

Gives dog or cat food to last 2 weeks

2700 Ninth Street, Berkeley

Sundays 10a-noon, no appointment needed

Berkeley Animal Care Services

Pet food available upon request while supplies last.

1 Bolivar Dr (North end of Aquatic Park)

(510) 981-6600

M-Sa: 10a-4p, W: 10a-7p, Su: 11a-3p

Berkeley Food Network: Pet Food Pantry

1925 Ninth St., Berkeley

M - Th: 10a-2p

M & W: 5p-6:30p

1st & 3rd Sat: 10a-noon

POLICE ABUSE & MISCONDUCT



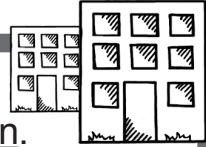
Berkeley Copwatch

If you have experienced negative interactions with the police and need support, email or call anytime and leave a message.

Phone: (510) 548-0425

Email: berkeleycopwatch@yahoo.com

SHELTER & HOUSING



To obtain a **regular shelter bed**,
call 2-1-1 on Mon - Fri between 9a - noon.

Youth age 18 - 24 can call (510) 379-1010 to
obtain a regular shelter bed at the YEAH! Shelter
at 633 Hegenberger, Oakland

To get assessed for **permanent housing**,
call 2-1-1 on Mon - Fri between 9a - noon.
This assessment puts you in the “Coordinated
Entry System” so you will be placed in housing.

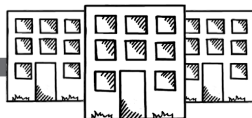
Priority goes to those who are:

- **living with severe medical conditions**
- **living with disabilities**
- **struggle with substance abuse or trauma**

*The more medical documentation you have of your
conditions, the more likely you are to be prioritized
by this system.* If you are considered “high needs”,
you will be prioritized for **housing navigation
services**. These services will include housing
case management.



**Tip: If you are assigned a housing case
manager, check in with them often to make
sure they are making progress on your case.**



SHELTER & HOUSING

If you do not have a phone, but want to call 211, visit the following offices during HRC hours:

Housing Resource Center (BACS)

2809 Telegraph Avenue, Berkeley

Phone line available during drop-in hours:

(510) 495-0131

HRC Drop-In Hours:

Mon, Wed, and Fri from 9a - noon



Berkeley Drop-In Center

3234 Adeline Street, Berkeley

HRC Drop-In Hours:

Tuesdays after the 10a housing workshop

A peer advocate can help you call 2-1-1:

Mon & Thu from 10a - 3p

Women's Daytime Drop-In Center

(for Women only)

2218 Acton Street, Berkeley

HRC Drop-In Hours: Wednesdays at 11a

They will lend you a phone to call 2-1-1:

Mon - Fri from 8a - 4p

Henry Ramsey Jr. South Berkeley Senior Center

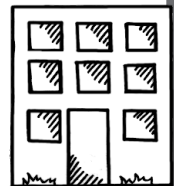
(55+ years of age)

2939 Ellis Street, Berkeley

They can connect you to 2-1-1:

Mon - Fri from 9a - 3p

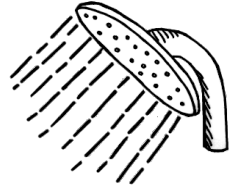
& can help you fill out housing forms.



SHOWERS & LAUNDRY

West Campus Shower Program

2100 Browning Street, Berkeley, CA
M - Su, 7:15 - 8:15p



Dorothy Day House/Berkeley Community Resource Center

Sign-up for next day services in courtyard during hours of operation: M - Su: 8:15a-4p
1931 Center Street, Berkeley, CA
(510) 705-1325
16 showers & 3 laundry: M - Su 9-11a and 1-3p

Elaine's Love

Laundry program. Wash & dry. 2 loads max.

*Plus Free slice of LittleStar Pizza.

Solano Cleaning Center

1219 Solano Ave, Albany, CA

Every Thursday: 2p-5p



TRANSPORTATION



East Bay Paratransit

If you cannot use AC Transit or BART due to a disability or disabling health condition, you can apply for East Bay Paratransit services:

(510) 287-5000

When you apply for paratransit services, you will need to use an address as a “home base” where you can be picked up from. You may use the address of a shelter or of the office of a social worker who helps you apply.

Regional Transit Connection (RTC) Discount ID Card

If you are living with a qualifying disability, you can obtain this card that allows you to receive discount fares on fixed-route, rail and ferry systems throughout the San Francisco Bay Area.

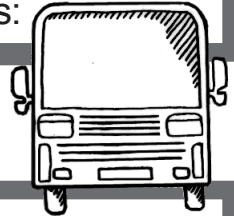
You can apply at the following locations:

BART Customer Services Center

Lake Merritt BART Station

M - F: 9a - 4p

(510) 464-7136



AC Transit Customer Service Center

1600 Franklin St, Oakland, CA

M - F: 8a-12:30p & 1p-5p

Youth age 5 - 18 and seniors age 65+, with eligible photo ID, can purchase discount clipper card fare at any place that sells clipper cards.



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